

*Acton-Boxborough Regional School District*

**COMPREHENSIVE HEALTH EDUCATIONS OBJECTIVES\***

**GRADE THREE**

**EMOTIONAL/SOCIAL HEALTH**

***Students will:***

1. Identify strategies for dealing with peer pressure.
2. Respect personal privacy and that of others. **11.3\*\*** (Discuss personal rights and those of others, set boundaries, resolve conflicts.)
3. Distinguish between appropriate and inappropriate touch; identify ways in which to get help. **9.4, 9.5** (Include assertive behavior and refusal skills.)

**Review**

1. Practice skills for conflict resolution. **7.1, 7.2**
2. Practice decision-making, care of personal belongings, and coping skills. **5.5, 5.6**

**SAFETY & PREVENTION**

***Students will:***

1. Identify the safety rules for electricity. (Science curriculum)

**Review**

1. Describe and practice rules of safe behavior related to the school playground. **9.1**
2. Identify steps to take when encountering blood and bodily fluids (ABRSD Universal Precautions) **9.6**
3. Describe healthy habits and healthy decision-making. **8.3, 8.4**

**PHYSICAL HEALTH**

***Students will:***

1. Recognize that the bones support the entire body. **1.1** (Science curriculum)

**Review**

1. Learn about physical fitness, exercise, life sports, relaxation activities. (See Physical Education Department objectives.) **2.1 – 2.5**

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\*minor revisions in 2012

\*\* Numbers refer to the Massachusetts State Health Frameworks document learning standards.